# Transforming a Traditional Forage/Livestock System to Improve Human Nutrition in Tropical Africa

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#### Abstract

Livestock systems based on uncontrolled communal grazing result in inefficient utilization of native forages and low livestock production. Forage/livestock herd simulation models are adapted to Tanzania to evaluate a case of improved technology. A hay enterprise for lactating cows, not possible with uncontrolled communal grazing, was found to increase nutritional and monetary welfare of a typical village.

Major livestock production in Tropical Africa is currently restricted to regions with semiarid to arid climates due to the fly-borne disease of trypanosomiasis.<sup>1</sup> These regions are subjected to seasonal wet and dry periods averaging 6 months each with cyclical occurrences of drought. Seasonal variability in rainfall is an important consideration when evaluating producer's management practices with the existing forage/livestock system.

Most livestock production is based on communal grazing of native forages, and traditional management practices. Native forages are characterized by rapid-maturing perennial grasses which achieve their maximum quality quickly (Cassady 1973; Karue 1975). Availability and quality of forage for livestock production remain high for a short period of time under tropical conditions due to a rapid rate of senescence and decay (Cassady 1973). By the middle of the dry season, the nutritive value of forage falls below the maintenance requirement for cattle, which places severe limitations on livestock productivity until 6 weeks after start of rains (Meyn 1970). Typically, feed is neither reserved nor stored except for commercial dairy herds.

The stress on cattle due to shortage and low quality of forage results in low productivity characterized by 50-70% calving rates, 25-35% death rate for calves before weaning, a slow rate of growth to mature size, and a low commercial offtake (Meyn 1970; Sullivan and Farris 1976). Documented low levels of technology adoption by traditional herdsmen combined with communal grazing result in inefficient use of range resources (Sullivan et al. 1978). The objective of the study was to illustrate the applicability of forage and herd simulation models to analyze an alternative forage/livestock system in Tropical Africa for improving forage utilization and nutrition of livestock and people.

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### **Transforming a Traditional Livestock System**

New institutional organizations are being proposed in these livestock regions to change traditional communal grazing systems to achieve more efficient range utilization and higher livestock productivity. Tanzania, a major producer of livestock in Tropical Africa, has embarked on a new institution, "villagization", which involves the resettlement in rural populations into planned communities. Legal jurisdiction of all resources within the community's boundary is delegated to a village management committee. The present communal grazing system, in time, could be developed into village range management programs under the new institution.

With "villagization" officially complete in most areas of Tanzania, the incidence of overgrazing in the villages has increased because of the continuation of the communal grazing system with increased cattle concentrations. Both animal and human nutrition are at a low level under the present system (Meyn 1970; Singh 1976). In Shinyanga Region, southwest of Lake Victoria which served as the study area, the cattle and human concentration per hectare for a representative village are high, with production and cultural characteristics being fairly homogeneous (Table 1) (Sullivan and Farris 1976). On the average, families in the area with livestock (cattle, goats, and sheep) are meeting 107 and 116% of minimum required caloric and protein intake for African conditions from their own production, while families with only goats and sheep or no livestock are not meeting minimum requirements from their own agricultural produce (Table 2) (Latham 1965; Singh 1976; Sullivan and

Table 1. Forage/livestock resources of a representative village in Shinyanga Region, Tanzania, 1975.

	Head/ family	A.U./ family <sup>1</sup>	Family/ village	A.U./ village <sup>1</sup>	Village
Keeping cattle	26.1	29.5	180	5310	
Keeping goats	8.1	1.89	156	295	
Keeping sheep	9.6	1.89	136	261	
Keeping no livestock			207		
Total			566	5866	
Total area (ha)					13000
Cultivated area (ha)					1200
Unproductive area					500
(ha) Rough grazing (ha)					11300

<sup>1</sup>A.U. is animal units and equivalent to a mature dry cow of 250 kg Source: Sullivan and Farris (1976).

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<sup>&</sup>lt;sup>1</sup>Tropical Africa is defined as the area 30° north and south of the equator and includes large areas where annual rainfall is less than 800 mm.

Table 2. Annual per Capital consumption of calories and protein available from own production in a representative village in Shinyanga Region, Tanzania, 1975-76.

	Families with cattle, sheep, goats (n = 180)		Families with sheep and goats (n = 179)		Families with/out livestock (n=207)	
	Calories (cal)	Protein (g)	Calories (cal)	Protein (g)	Calories (cal)	Protein (g)
Nutritional requirement:	716,860	14,837	716,860	14,837	<u> </u>	14,837
Consumption food crop	686,573	10,974	686,473	10,974	686,573	10,974
% of requirement	.96	.74	.96	.74	.96	.74
Consumption cow's milk:	39,680	2,046				
Total nutri, intake:	726,253	13,020		_		_
% of requirement	1.01	.88		_		
Consumption of beef;	24,906	2,343				_
Total nutritional intake	751,159	15,363		_		_
% of requirement	1.05	1.04		_		_
Consumption of goat and sheep:	14,900	1,700	14,900	1,700		_
Total intake of nutrition	768,221	17,266	701,473	12,764	686,573	10,974
% of Requirement:	1.07	1.16	.98	.85	.96	.74

Source: Sullivan and Farris, 1976; and I.J. Sing, "Annex on Subsistence Requirements in Sukumaland," World Bank, September 2, 1976.

Farris 1976). Averages conceal the skewed distribution in most villages where the majority of families have small cultivated plots and small herds of livestock and live below minimum nutritional levels (Singh 1976). The area is classified as a mixture of wooded grassland and open savannahs which Pratt, Greenway, and Gwynne have classified as being in Ecological Zone IV. The top soil is black and loamy, suitable for cotton production, and the predominant perennial grass is *Themeda triandra*, a major species throughout East Africa (Pratt et al. 1966). Average annual rainfall in Shinyanga Region has been 837 mm with an average of 71 rainy days (Table 3). The wet season is primarily from November through April.

The hypothesis to be tested is that the "villagization" program as an institution empowered to manage available resources can increase overall village welfare by improved herd and range management not feasible under the traditional communal grazing system. The village committee can allocate land for hay making near the village and require families which own cattle to cut and store hay when forage quality is highest for utilization by lactating cows during stress periods. The specific hypothesis examined was that such a system would produce positive net benefits measured in both nutritional and monetary terms.

### Methodology

Personal field interviews of 127 livestock producers in 14 villages in Shinyanga Region in 1975 were used to construct a representative village. Available rough grazing for livestock was assumed to be a circular area with a radius of 4 miles due to the area's high human population density and the practice of corralling cattle in the village at night (Table 1).

A forage simulation model adapted from a forage-sheep production model in Australia was applied to the major perennial grass, *Themeda triandra*, in Shinyanga Region in Tanzania (Smith and Williams 1973). Daily rainfall, pan evaporation, and radiation were control variables affecting the growth, transformation, and senescence of standing biomass (Table 3). Standing forage biomass and the ratio of green grass to total forage was estimated from exponential equations for growth of green grass, transformation of green to dry grass, and decay of dry grass as influenced by available soil moisture and fertility. The model parameter, standing biomass, was validated with research results for a similar production environment in Ecological Zone IV in Kenya (Cassady 1973; Karue 1975). Simulation of forage production was adjusted to reflect range conditions with and without livestock grazing pressure. Hay production was simulated from natural range pasture, which was not subject to livestock grazing pressure.

A herd production simulation model for the "representative" village was adapted from a model designed by Sanders (1977). The general structure of this simulation model has been tested and validated for several production environments in the United States and tropical countries (Sanders 1977; ILCA 1978). The model's primary inputs are monthly crude protein and digestibility of forages (percent of dry matter), specified potential size for a dry mature cow with adequate nutrition (280 kg liveweight), and potential peak milk yield (6.5 kg/day) derived from field research in East Africa (Meyn 1970). The dominant indigenous breed is the Tanzanian shorthorn zebu. The herd simulation model, given these inputs, estimates total monthly dry matter consumption from which monthly carrying capacity, expressed as animal unit per hectare (A.U./ha), was derived by assuming that a standard animal unit (250 kg cow) has the potential to consume 181 kg of dry matter per month. Variation betwen monthly carrying capacities, expresses the change in quality of forage. Monthly carrying capacity from the herd simulation model was used as an input into the forage model to determine utilization of the village's rangeland.

Table 3. Average/rainfall (mm/month), pan evaporation (PEV) (mm/ month), and radiation Langley/day by months for Shinyanga Region, Tanzania.

	Rainfall	PEV	Radiation	Rainy days per month $\ge 2,,$
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January	123	171	509	10
February	121	153	481	11
March	151	174	479	12
April	138	167	483	11
May	42	177	509	5
June	3	199	514	1
July	I	257	523	0
August	1	257	523	0
September	6	270	529	1
October	27	267	528	3
November	79	204	492	6
December	145	176	482	11
Average Annual	837	2448	504	71

Source: East Africa Meteorological Department, 1975.

Table 4. Comprison of traditional and improved management (hay supplementtion) systems for village herd<sup>1</sup> in Shinyanga Region, Tanzania.

	Traditional						Improved hay supplement				
Month	D.M. consumed (000 kg)	Carrying capacity <sup>2</sup> (A.U./ha)	Total milk yield (000 kg)	Milk to humans <sup>4</sup> (000 kg)	Avg. daily output per lactating cow (kg)	D.M. <sup>3</sup> consumed (000 kg)	Hay consumed (000 kg)	Carrying capacity <sup>2</sup> (A.U./ha)	Total milk yield (000 kg)	Milk to humans⁴ (000 kg)	Avg. daily output per lactating cow (kg)
Jan.	844	.41	86	19	3.23	873	_	.43	88	21	3.22
Feb.	838	.41	88	17	3.10	863	-	.42	90	20	3.10
Mar.	851	.42	85	14	2.92	877	-	.43	87	16	2.93
Apr.	828	.41	74	9	2.56	858	-	.42	78	13	2.61
May	634	.31	60	6	2.04	622	_	.32	63	8	2.09
June	592	.29	39	3	1.35	626	_	.31	43	7	1.44
July	580	.28	18	2	.64	602	18	.30	21	6	.74
Aug.	515	.25	10	2	.38	540	15	.26	15	7	.56
Sept.	445	.22	10	2	.45	460	16	.22	16	8	.76
Oct.	525	.26	18	4	.77	531	22	.26	25	12	1.05
Nov.	688	.34	36	8	1.50	677	37	.33	43	16	1.75
Dec.	856	.42	76	14	3.11	888		.44	80	17	3.13
Annual	8,197		600	102	1.84	8,565	108		648	150	.95

<sup>+</sup> Village herd consists of 5,866 animal units where A.U. = 250 kg dry cow.

<sup>2</sup> Carrying capacity is defined as the number of animal units that could be supported per hectare based on digestibility of forage to maintain a 250-kg dry cow. <sup>3</sup> D.M. consumed is overestimated because with hay supplementation cows and calves were in better condition after dry season so consumed more per age; yet, calves were assumed to retain same level of nutrition as traditional when calculating net increase in human milk consumption.

<sup>1</sup> The existing milk program sets aside 25% of a cow's daily milk output if the cow is 4 years of age or older, the calf is less than 5 months old, and cow's daily output greater than 2 kg. Under both systems, calves are assumed to obtain the same level of milk intake as traditional practice so that all the net increase in milk could be for human consumption.

Monthly total milk yield for the traditional management system and the improved system of storing and feeding hay was estimated from the herd model. The existing milk program sets aside a percentage of the daily milk output for human consumption (See Table 4, Footnote 4). Monthly intake of hay during the period July through November, by lactating cows over 4 years old with calves less than 5 months, was estimated by the model. Average quality of hay was assumed to be 8% crude protein (CP) and 53% total digestible nutrients (TDN) (French, 1956). The value of a haymaking enterprise was evaluated by the estimated net benefit to human nutrition solely from increased milk yields. A cost/benefit analysis of the milk sold to other members in the village was used to estimate the profitability of the enterprise.

#### Results

Results of the forage/livestock models are reported for the fifth year of simulation. Forage production during simulation of the fifth year beginning in November, start of the rainy season, are reported without livestock grazing (Figures 1a, 1b, 1c). Total standing biomass (HW) reached 4,000/kg/ha (dry matter) after approximately 190 days from initial growth. The total weight of green grass (GW) increased at an increasing rate for the first 90 days of the wet season. After this period, growth is less rapid due partly to maturity of plant and also leaching of nutrients from soil. All standing green grass (GW) disappears 50-60 days after end of rains in late April (Fig. 1a) (Cassady 1973).

Livestock have a limited period of time to graze high quality forage. In Figure 1b, the predicted growth, drying, and decay rates for *Themeda triandra* are presented. Growth rates per day peaked at 100 kg, dropping to between 40 to 60 kg after first 90 days. During the wet season, senescence and loss through decay of forage occurs quickly, leaving grass for hay *in situ* with little value. The percentage of green grass (GW) to total standing biomass (HW) (PERGW) in Figure 1f can be correlated with CP and TDN in Figure 1c to show that nutrient value of forage peaks quickly loses its quality as the standing forage matures. By the latter part of the dry season TDN was below 45% and CP dropped to 4% (dotted line in Figure 1c is required level for cattle maintenance, 6% CP).

The forage system with current communal grazing is estimated in Figures 1d, 1f. Monthly carrying capacity expressed as animal units per hectare was derived from the monthly total dry matter consumption for the representative village herd from the herd simulation model for each respective management system (Table 4). Daily intake of forage per animal unit per hectare varies according to total digestible nutrients (TDN) of the forage, a relationship calculated by Conrad, Hibbs and Pratt (1966). For the months of November through April, daily intake (kg/A.U./ha) of green grass (DEFG) is above 2 kg when PERGW is also high (Fig. 1f). Forage intake falls below 2 kg per day (DEFD) when TDN of forage is low (Fig. 1c) and grass is dry with PERGW declining. With livestock grazing and forage intake (kg/A.U./ha) varying due to TDN, maximum dry matter yield was estimated at 3,200 kg/ha (Fig. 1d). Standing forage accumulates when quality is high because uncontrolled communal grazing is unable to efficiently utilize forage when it is in surplus. Consequently, valuable forage is lost due to rapid drying and decay of grasses (Fig. 1b).

Baseline monthly milk production for a representative village without hay supplementation for the fifth year of computer simulation is shown in Table 4. During the dry season average daily milk yields declined, indicating less milk for home consumption. This period places greatest stress on calves with a larger percentage dying during this time (Sullivan and Farris 1976). With hay supplementation for lactating cows, annual milk production for the representative village herd increased 8%, approximately 48,000 kg (Table 5). If the level of calf nutrition is assumed the same in the improved and the traditional system, then human consumption of milk increased from 63 litres to 91 litres/person/cattle-owning-family. With milk consumption only, calorie and protein intake/person/cattle-owningfamily increased by 18,750 calories and 967 grams of



Fig. 1. Forage Simulations for Tropical Forage, Themeda triandra. (a) Standing Biomass Without Livestock Grazing with Total Weight (HW, Weight of Dry Grass (DW) and Weight of Green Grass (GW). (b) Daily Rate of Change in Growth of Green Grass (GG), Green Grass Converted to Dry Grass (DGW), and Decay of Dry Grass (DCY). (c) The Change in Total Digestible Nutrients (TDN) (% of Dry Matter), Crude Protein (CP) (% of Dry Matter) of Forage and the Maintenance Level (M) of

protein. If the additional milk were sold to families without cattle, then calorie intake per person would increase 13,722 calories and 708 grams of protein (Table 5). This results in 99% of the minimum calorie requirement and increases

Table 5. Gross benefits from increased milk production with hay supplementation program for representative village herd in Shinyanga Region, Tanzania.

Month	Changes in	n Value of	Increase in per capita nutrient intake <sup>1</sup>			
	milk production (000 kg)	milk (000 Tsh.)	Calories (cal)	Protein (g)		
Jan	2.6	5.2	737	38		
Feb.	2.2	4.4	625	32		
Mar.	2.3	4.6	653	134		
Apr.	3.7	7.4	1049	54		
May	2.6	5.2	738	38		
June	3.3	6.6	935	48		
July	3.1	6.2	879	45		
Aug.	5.0	10.0	1417	73		
Sept.	5.9	11.8	1672	86		
Oct.	7.2	14.6	2041	105		
Nov.	7.3	14.6	2069	107		
Dec.	3.2	6.4	907	48		
Annual	48.4	96.0	13722	708		

<sup>1</sup> Per capita nutrient consumption is for families in the representative village without cattle.

When Hay is Harvested Without Livestock Grazing. (f) Daily Forage Intake per Animal Unit per Hectare (INTAKE) of Green Grass (DEFG) and Dry Grass (DEFD) and the Ratio of Green Weight to Total Biomass (PERGW) (% of GW to HW).

an Estimated Monthly Village Stocking Rate. (e) Standing Biomass

protein intake from 74 to 81% of necessary requirement. Individuals, which before were without this source of nutrition, now had approximately one-third the per capita milk consumption of individuals with cattle (Table 2). On an individual lactating cow basis, the improved management system increased daily output by 6% (Table 4); but more importantly a larger proportion of the increase in milk output comes in four critical months, August through November, during the dry season (Table 5).

Amount of hay required from July to November to feed lactating cows 4 years and older with calves less than 5 months was estimated from the herd model to be 108,000 kg (Table 4). With two harvests per hectare per year, the area required to meet this hay consumption level was 34 hectares with an average yield of 1,600 kg/ ha (dry matter) per harvest (Figure 1e). The hay enterprise was controlled by cutting hay when the ratio of green grass to total biomass (PERGW) was a maximum (Figure 1f). The first cut occurred 60 to 80 days after initial growth and the second 3 months later at end of rains (Figure 1e). The first harvest coincides with end of short rains when there is less demand for hired labor since fields have been planted (Singh 1976).

Shinyanga Region is primarily a cotton production zone with tractors commonly found in villages; therefore, cutting and transporting hay could be done without great demands on traditional agricultural systems. A cost of Tsh. 75 per hour for the use of the village-owned tractor was charged to the hay enterprise.<sup>2</sup> Cutting, raking, and hauling loose hay was estimated to require five tractor-hours per hectare. Labor for stacking and storing loose hay was estimated at 21 man-hours per metric ton at a cost of Tsh. 1.75 per hour (Ministry of Agriculture, Tanzania, 1974). Annual ownership and maintenance costs of mower, rake, and storage facilities is Tsh. 8,000 per year giving a total cost of Tsh. 24,833 or Tsh. 138 per family with cattle. The value of milk in the village was assumed to be Tsh. 2/kg so that total revenue to cattle owners was Tsh. 96,000. Net income from sale of milk was Tsh. 395 per family owning cattle, which was 56% of estimated current per capital gross domestic production in Shinyanga Region (World Bank 1974).

In further research, a hay supplementation program was found to create additional benefits for the village livestock herd (Sullivan 1979). General performance of a village herd increased with lower calf mortality rates and higher weaning weights. The village herd increased in numbers and sustained periods of simulated dry periods in better physical condition.

## Conclusion

Forage and herd simulation models were used to demonstrate methodology for evaluating an alternative forage/livestock system in Tropical Africa. The Tanzanian illustration is one in which traditional agricultural and livestock systems result in low human nutrition. A system approach examining biological inputs (forage) and livestock outputs (milk) expressed in human nutritional intake was the method used to evaluate alternative systems.

The results show a hay making enterprise would substantially increase utilization of forage, otherwise lost to senescence and decay. Hay making could be feasible economically when operated as a village enterprise; whereas, the activity is unlikely to be adopted by one individual because of communal grazing of the available rangeland. The authors realize the technical difficulty of making quality hay in a tropical environment and that the cultural aspects must be critically examined before a hay enterprise could be

<sup>2</sup>Current exchange rate in Tsh. 8.50 equals U.S. \$1.00.

recommended for implementation. The hypothesis that hay production produces a net benefit to village welfare, however, can be accepted tentatively, pending actual trials in African villages.

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