

Social Media: Who to Follow?

Go on Instagram and follow these accounts to keep up to date on the Indigenous Outdoors and Health and Wellness scenes!



Natives Outdoors
@nativesoutdoors

Hozho Total Wellness
@hozho_total_wellness



Well for Culture
@wellforculture

Native Womens Wilderness
@nativewomenswilderness



Indigenous Women Hike
@indigenouswomenhike

Red Earth Running Co.
@redearthrunco



Indigenous Womxn Climb
@indigenouswomxnclimb